



# St. Christopher's College of Education

No. 63, E.V.K. Sampath Road, Vepery, Chennai-7

## Leadership Training Programme

16.02.2017 – 18.02.2017

Education has long stressed the importance of rapport between teacher and students. The importance of recognizing and nurturing the diverse talents and abilities in each class and the important role teachers play in helping the students clarify and achieve their personal goals in life are the primary expectations of a teacher. In short teachers have always been leaders. Therefore, it is very important that teachers tune their leadership skills. The recent trends in the society demand a special training to equip the teachers and to develop the leadership skills in them. The college organized two different training programmes for two different target groups

- the teaching staff and
- the administrative staff

The Programme was divided into two Stages. Stage 1: Consultancy with the Senior Administrators - Stage 2: Training programme for the young administrators of the Colleges of Education in India. The participants were invited from colleges of education.

### **STAGE I: Consultation with the Senior Administrators of Colleges in India to design the training programme was conducted on 7-10-2016**

One-day consultation with the Senior Administrators was conducted. 5 Senior Administrators from Colleges in India were invited. They were

- Dr. Jayekar Chellaraj – Former Principal, Bishop Heber College, Trichy.
- Fr. Xavier Alphonse – Former Principal, Loyola College, Chennai.
- Dr. Paul Appasamy, Former Vice-Chancellor, Karunya University, Coimbatore.
- Dr. M. Spurgeon – Programme Officer – UBCHEA, South Asia.
- Dr. P. Nithila Devakarunyam – Principal, St. Christopher's College of Education, Chennai.

During the consultation the Senior Administrators team explored the Strategic Elements of Leadership and at the end of the consultation the senior administrators were able to

- Assess the Key Positions.
- Identify the areas where our leaders need training.
- Explored the leadership requirement of the New Millennium Colleges of Education.
- Generated the Leadership Development Plans, the ways to Monitor & Review.

**STAGE 2: Training Programme for the young Administrators of Colleges in India was conducted from 16-02-2017 to 18-02-2017.**

- The Programme was conducted for three days.
- During the Training Programme each day 8 hours were allotted for class room activities, for concept clarification and learning. Each day 2 hours were set aside for practical class. The participants were exposed to Leadership skills. The Schedule sketched in the Stage 1 of the Programme was followed for Stage 2 training programme.
- The Experts in the field who have been in the leadership position for nearly a decade were invited as the Resource Persons.
- Invitations were sent to Colleges throughout India. 47 administrators from colleges participated in the training programme.
- In the Leadership Training, insights were given on the sub themes like Leadership in general, understanding others, Communication Skills, Problem Solving, Stress, Time and conflict management, Motivation and Goal Setting, Minority Rights, Financial Management, Leadership and Challenges in Leadership which enabled the young administrators to identify the traits and skills of an effective leader.
- At the end of the programme, from the feedback of the participants, it was understood that the participants were enlightened by the various thoughts of experts throughout this programme and were equipped well enough to develop a plan to build up ones' own leadership potential.

## **Conclusion:**

The Leadership programme conducted created awareness among the participants about different leadership styles. The participants have understood about Leadership in general, need of Communication Skills, how to Understand others, Solve the Problem, ways to handle Stress, Time and conflict issues, how to be motivated and to motivate others, Goal Setting, areas in Minority Rights, Financial Management, essential need of Leadership and the Challenges in Leadership. The activities facilitated the participants to examine the role, duties and responsibilities of a Leader in the workplace. This will also help them in planning their work and executing them according to the plan.

### **LIST OF RESOURCE PERSONS**

| <b>S.No</b> | <b>Name of the Resource Person</b> | <b>Designation</b>   |
|-------------|------------------------------------|--|
| <b>1</b>    | <b>Dr. Jayaker Chellaraj</b>       | <b>Former Principal, Bishop Heber College, Trichy.</b>                         |
| <b>2</b>    | <b>Dr. Alexander Jesudason</b>     | <b>Principal, Madras Christian College, Chennai</b>                            |
| <b>3</b>    | <b>Mr. Sundar Raj</b>              | <b>Bursar, Madras Christian college, Chennai</b>                               |
| <b>4</b>    | <b>P.K.D. Lee Consultant,</b>      | <b>Consultant, Ministry Fund Raising Network, INDIA.</b>                       |
| <b>5</b>    | <b>Dr. Anto Vincent</b>            | <b>Founder, Empower Youth Education Society, Chennai.</b>                      |
| <b>6</b>    | <b>Dr. Veena Eswaradoss</b>        | <b>Head i/c , Department of Psychology, Women's Christian College, Chennai</b> |
| <b>7</b>    | <b>Mr. Isaac Mohanlal</b>          | <b>Senior Advocate, Madras High Court.</b>                                     |
| <b>8</b>    | <b>Fr. Xavier Alphonse</b>         | <b>Former Principal, Loyola College, Chennai</b>                               |
| <b>9</b>    | <b>Dr. Spurgeon</b>                | <b>Programme officer, UBCHEA, South Asia.</b>                                  |

**PARTICIPANTS DETAILS**

**LEADERSHIP TRAINING PROGRAMME**

**16.02.2017 - 18.02.2017**

| S.No | Name                       | Gender | Designation & Department | College Address  | E.Mail ID                        | State          |
|------|----------------------------|--------|--------------------------|--|----------------------------------|----------------|
| 1    | Dr. V. Collins ArunPrakash | M      | Asst. Prof of Chemistry  | Sacred Heart College, Tirupattur                                 | callarun11@gmail.com             | Tamil Nadu     |
| 2    | Dr. A. Dhayal Raj          | M      | Asst. Prof. of Physics   |  | dhayalraj03@gmail.com            | Tamil Nadu     |
| 3    | Mrs. S. Florence Vijila    | F      | Asst. Prof               | C.S.I. Ewart Women's Christian College Melrosapuram Kancheepuram | florencevijila@yahoo.com         | Tamil Nadu     |
| 4    | Mrs. J. Nilopher           | F      | Asst. Prof               |  | nilopheremi@gmail.com            | Tamil Nadu     |
| 5    | Mrs. M. Portia Antony      | F      | Asst. Prof               |  | portiaantony@gmail.com           | Tamil Nadu     |
| 6    | Mrs. S. Mary Pelsit        | F      | Asst. Prof               | Holy Cross College (Autonomous) Kurusady, Roch Nagar, Nagercoil  | mpelsit@gmail.com                | Tamil Nadu     |
| 7    | SR. Mary Johnsy .A         | F      | Librarian                |  | jansialanrose@gmail.com          | Tamil Nadu     |
| 8    | Mrs. S. Panimaya Mercy     | F      | Asst. Prof               |  | panimayamercy@gmail.com          | Tamil Nadu     |
| 9    | Mr. N. Vinnaras            | M      | Asst. Prof in History    | Loyola College of Education, Nungambakkam, Chennai               | vinnaras.n@gmail.com             | Tamil Nadu     |
| 10   | Mrs. M. Caroline Maria     | F      | Asst. Prof               |  | mcmaria77@gmail.com              | Tamil Nadu     |
| 11   | Dr. Kulandai Theresal.L    | F      | Principal                |  | lkteres@gmail.com                | Tamil Nadu     |
| 12   | Mr. Jayesh Arjun Raut      | M      | Asst. Prof               | FR. Angel College Pilar, Goa                                     | rautulo@gmail.com                | Goa            |
| 13   | Dr. SR. Innyasamma Gade    | F      | Vice-Principal           | Maris Stella College (Autonomous) Vijayawada Krishna AP          | innyasamma@gmail.com             | Andhra Pradesh |
| 14   | Mr. Praveen Abraham        | M      | Asst. Prof               | Kristu Jayanti (Autonomous) K.Narayanapura, Kothanur, Bangalore. | praveenabraham@kristujayanti.com | Karnataka      |

|    |                                     |   |                 |  |  |            |
|----|-------------------------------------|---|-----------------|--|--|------------|
| 15 | Mr. Selvyn I Rodrigues              | M | Asst. Prof      | ST Andrews<br>College of Arts, Sci<br>& commerce,<br>St.Dominic Road<br>Bandra(W)<br>Mumbai          | s.rodrigues@standr<br>ewscollege.ac.in | Maharastra |
| 16 | Fr. Arockia David<br>Roy .K         | M | Vice- Principal | St. Xavier's<br>College,<br>(Autonomous)<br>Navarangpura -<br>Gujarat                                | davidkroysj@gmail.<br>com              | Gujarat    |
| 17 | Mrs R. Esther<br>Hemalatha          | F | Librarian       | Hindustan<br>College of Arts &<br>Science Rajiv<br>Gandhi Salai,<br>Padur<br>Kelambakkam,<br>Chennai | estehrramesh@<br>yahoo.com             | Tamil Nadu |
| 18 | MRS. J. Esther                      | F | Lecturer        |  | estherobed@gmail.<br>com               | Tamil Nadu |
| 19 | Dr. G.GnanaElpinston                | M | Asst. Prof      | Nesamony<br>Memorial<br>Christian College  | elphin85@gmail<br>.com                 | Tamil Nadu |
| 20 | Dr. S. Jayakumar                    | M | Asst. Prof      | Marthandam<br>Kanyakumari Dt.  | jayas1968@gmail<br>.com                | Tamil Nadu |
| 21 | Ms. Natalie<br>CatherineD'monte     | F | Asst. Prof      | Holy Cross<br>College, Trichy  | nataliedmonte@<br>gmail.com            | Tamil Nadu |
| 22 | Dr. V. Josephine<br>Lourdes De Rose | F | Asst. Prof      |  | valanjoe2003@<br>gmail.com             | Tamil Nadu |

|    |                              |   |                              |  |                           |            |
|----|------------------------------|---|------------------------------|--|---------------------------|------------|
| 23 | Dr.B. Golden Kisha           | F | Asst. Prof. of Psychology    | Nazareth College of Education<br>Kovilpathagai<br>Main Road<br>Kannadapalayam<br>Avadi | goldenkisha@gmail.com     | Tamil Nadu |
| 24 | Ms. R. Devi Bavani           | F | Asst. prof of Social Science |  | devibavani2010@gmail.com  | Tamil Nadu |
| 25 | Ms. Beena Thomas             | F | Asst. Prof of Maths          |  | beenasimon14@gmail.com    | Tamil Nadu |
| 26 | Dr. P.A. Joy                 | M | Associate Professor          | St.John's College<br>M.G.Road, Agra  | drpajoy@gmail.com         | Tamil Nadu |
| 27 | Dr. J. Glory DarlingMargaret | F | Principal i/c                | YMCA College of Physical Education<br>Nandana, Chennai                                 | jgdmargaret@yahoo.co.in   | Tamil Nadu |
| 28 | Mrs. Anita Somerwell .S .E   | F | Counsellor                   |  | francis_somer@yahoo.com   | Tamil Nadu |
| 29 | Mrs. Janet J Fernandes       | F | Faculty                      | St. Joseph's Indian Institutions, Malya Road, Bangalore                                | clementdsouza14@gmail.com | Karnataka  |

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|----|---------------------------------|---|---|---|----------------------------|------------|
| 30 | Prof. Clement D'souza           | M | Vice - Principal  | St. Joseph's College<br>Langford Road<br>Shanti Nagar<br>Bangalore                                | clementdsouza14@gmail.com  | Karnataka  |
| 31 | Dr. D. Reuben<br>Jonathan       | M | Asst. Prof,<br>of Chemistry   | MCC(AIDED)<br>Chennai   | dreubenj@mcc.edu.in        | Tamil Nadu |
| 32 | Mr.J. Arun Kumar                | M | Asst. Prof of<br>English  |   | arun@mcc.edu.in            | Tamil Nadu |
| 33 | Mrs. Leena Ashok                | F | Lecturer  | Hindustan College<br>of Arts & Science<br>Rajiv Gandhi<br>Salai, Padur<br>Kelambakkam,<br>Chennai | leenashok14@gmail.com      | Tamil Nadu |
| 34 | Ms. D. Naveena Priya            | F | Director of<br>Physical<br>Education  | Women's<br>Christian<br>College, Chennai  | naveenapriya31@gmail.com   | Tamil Nadu |
| 35 | Dr. J.R.V. Edward               | M | Head, Dept. of<br>Mathematics   | Scott Christian<br>College, Nagercoil   | jrve@rediffmail.com        | Tamil Nadu |
| 36 | Dr. J. Joonu                    | F | Asst. Prof. of<br>Zoology   | Bishop Heber<br>College, Trichy   | joonucharles@gmail.com     | Tamil Nadu |
| 37 | Dr. E. Esther Rosalind          | F | Asst. Prof. of<br>English   | Bishop Heber<br>College, Trichy   | mikadeshether@gmail.com    | Tamil Nadu |
| 38 | Dr. Sabarmathi .A               | F | Asst. Prof. of<br>Mathematics   | Auxilium<br>College, Gandhi<br>Nagar, Vellore   | sabarmathi.a@gmail.com     | Tamil Nadu |
| 39 | Dr. Amutha Arockia<br>Mary P.R. | F | Asst. Prof. of<br>English   |   | amuthaack@gmail.com        | Tamil Nadu |
| 40 | Mrs. Susan David                | F | Head Mistress<br>Diploma in<br>Elementary Edn.  | STCCE<br>Chennai  | maneshdarrenlois@yahoo.com | Tamil Nadu |
| 41 | Miss. Jesintha Mary .C          | F | Bursar,<br>Coordinator<br>Extn. Services<br>Dept., Asst.<br>Professor of<br>Comm. & Acc | STCCE<br>Chennai  | jesintha@sccd.edu.in       | Tamil Nadu |

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| 42 | Mrs. J. Jasmine                   | F | Asst. Prof,<br>Education         | STCCE<br>Chennai | jasmine1972@gmail.<br>com     | Tamil Nadu |
| 43 | Mrs. Libin Saral .R               | F | Asst. Prof.,<br>Physical Science | STCCE<br>Chennai | libinsaral@gmail.com          | Tamil Nadu |
| 44 | Miss. Dilish Vanesa<br>Viviliya D | F | Asst. Prof of<br>Education       | STCCE<br>Chennai | dilishvanesa@gmail.<br>com    | Tamil Nadu |
| 45 | Mrs. Georjeena. S                 | F | Asst. Prof of<br>Education       | STCCE<br>Chennai | georjeenasuresh@<br>gmail.com | Tamil Nadu |
| 46 | Mrs. Joy Femila. L.A              | F | Asst. Prof of<br>Education       | STCCE<br>Chennai | joyalbert456@gmail.<br>com    | Tamil Nadu |
| 47 | Mrs. Jayasundari. A               | F | Librarian                        | STCCE<br>Chennai | jeya@sccd.edu.in              | Tamil Nadu |



## SCHEDULE

**Leadership Training Programme 16.02.2017 to 18.02.2017**

**St. Christopher's College of Education, Vepery,  
Chennai - 600 007**

| SESSION DAY                 | 08.45 -<br>09.00    | <i>Session 1</i>  | <i>Session 2</i>  | 11.30-              | <i>Session 3</i>                                       | 01.00-             | <i>Session 4</i>   | <i>Session 5</i>  |
|-----------------------------|---------------------|---|---|---------------------|--|--------------------|--|---|
|                             |                     | 09.00 -10.15  | 10.15 -11.30  | 11.45               | 11.45-01.00  | 02.00              | 02.00-03.15  | 03.15 - 04.30   |
| <b>DAY 1<br/>(Thursday)</b> | <b>INAUGURATION</b> | <b>Understandin<br/>gSelf and<br/>Others<br/>Dr. Spurgeon</b> | <b>Communication<br/>Skills<br/>Dr. Jeyakar</b>           | <b>COFFEE BREAK</b> | <b>Communicat<br/>ionSkills<br/>Dr. Jeyakar</b>        | <b>LUNCH BREAK</b> | <b>Financial<br/>Management<br/>Mr. Sundar<br/>Raj</b>     | <b>Challenges in<br/>Leadership<br/>Dr. Alexander<br/>Jesudason</b> |
| <b>DAY 2<br/>(Friday)</b>   | <b>DEVOTION</b>     | <b>Leadership<br/>Dr. P.K.D. Lee</b>                          | <b>Leadership<br/>Dr. P.K.D. Lee</b>                      |                     | <b>Motivation<br/>andGoal<br/>Setting<br/>Dr. Anto</b> |                    | <b>Motivation<br/>andGoal<br/>Setting<br/>Dr. Anto</b>     | <b>Problem Solving<br/>Dr. Spurgeon</b>                             |
| <b>DAY 3<br/>(Saturday)</b> |                     | <b>Stress<br/>Managemen<br/>tDr. Veena</b>                    | <b>Time and<br/>Conflict<br/>Management<br/>Dr. Veena</b> |                     | <b>Minority<br/>Rights<br/>Mr.Isaac<br/>Mohanlal</b>   |                    | <b>Christian<br/>Leadership<br/>Fr.Xavier<br/>Alphonse</b> | <b>Valedictory</b>  |

## PHOTOS



At the Registration Desk – On the First Day



Prayer Song by the College choir during Inauguration



Dr. Jayaker Chellaraj Sharing his expertise on Communication Skills



Dr. Spurgeon enlightens the participants on the topic Understanding Others



Lecture on Financial management - by Mr. Sundar Raj



Dr. Alexander Jesudason sharing knowledge on Challenges in Leadership





Participants' discussion with Dr. Alexander Jesudason



Morning Devotion on the 2<sup>nd</sup> and 3<sup>rd</sup> day



Dr. P.K.D. LEE thought provoking lecture on the theme Leadership



Mr. Anto Vincent delivering insights on Motivation and Goal Setting



Activity during Mr. Anto's Session



Dr. Veena Activity during the session on Stress Management



Discussion during Dr. Veena's Session on Time and Conflict Management



St.Christopher's Staff Introducing the Resource person



Mr. Isaac Mohanlal – sharing the expertise on Minority Rights



Feed Back on the programme by the Participants during Valedictory



Participation Certificate Distribution by Fr. Xavier Alphonse



Closing Prayer during Valedictory by Fr. Xavier Alphonse